

Nursing Matters and Beyond:

Part 4 - How Do Nurses Contribute to Health Quality and Cost Containment? (S6)

International Forum on Quality and Safety in Healthcare, Hong Kong

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Leadership Challenges for Us All

- Deeply understanding the lives of our patients, communities and teams
- Using data and science to guide the priorities for change
- Building the will for change
- Harvesting, innovating and sharing the ideas for a better future
- Leading the implementation of change packages
- Spreading across all parts of the system



The Need for Birth Equity



In the US, black women at 3-4x the risk as white women of death from pregnancy-related causes

Centering Pregnancy



Boston Medical Center



Centering Model - Norah



*"I'm very afraid of labor. I'm terrible with pain. I'm scared.
I don't think I'll be able to do it."*



Centering Pregnancy

“[It] turned out to be the best decision we made during the pregnancy.”



Centering Pregnancy

“[It] turned out to be the best decision we made during the pregnancy.”



Reduced the risk of preterm delivery from
12.1 to 7.9%



Rate of black women having preterm birth
fell from 15.8% to 10%.



Participants more likely to breastfeed:
54.6% vs. 66.5%



Active Recovery Service
Equipment
Homecare
Rehabilitation Needs

Flipped Discharge



Buurtzorg



Backpack Nurse



Hospital at Home



CAPABLE



The Importance of Curiosity

IQ – Intelligence Quotient

processing complex data sets and having the mental capacity to problem solve at speed

EQ – Emotional Quotient

the ability to perceive, control and explain emotions; risk-taking, creating resilience and empathy

CQ – Curiosity Quotient

inquisitive, open to new experiences, finding novelty exciting



Most In-Demand Nursing Roles



Telehealth Nurse



Data Analyst Nurse



Nurse Informaticist



Health Coach



Patient Navigator



Cultural Competence Specialist



Interprofessional Collaborator



Lifelong Learner

Rhode Island Nurses Middle College





SIX PILLARS OF NURSING

**SCHOLARSHIP
CHARACTER
COMPASSION AND EMPATHY
PROFESSIONALISM**

Scholarship

Scholarship is a commitment to learning. A student spends hours in reading and studying, knowing the lasting benefits of a cultivated mind. We all continue to learn even when formal education has ended, for learning ends only with the end of life. Knowledge is a key element in life, leads to personal and professional success, and can be acquired in only one way – through diligence and effort. Learning furnishes the lamp by which we read the past, and the light that illuminates the future.

Character

Character is the force within each individual, which distinguishes that person from others. It gives us our individuality and drives our actions. Self-respect and the respect of others, comes from our character. The force of character guides us through life and, as it develops and grows, gives us maturity. Character is achieved and not received. It is the product of constant action, of striving every day to make the right choices.

Compassion and Empathy

Compassion and Empathy are essential human qualities that allow us to feel, understand, and respond to the suffering of others. These qualities enable individuals to enter into and maintain relationships of caring. By caring we create a bond with other people; through compassion we see others' needs and seek to help them; with empathy we are able to understand and value the feelings and experiences of other human beings. Compassion and empathy require a willingness to let go of our own needs to attend to the need of another.

Professionalism

Professionalism creates a climate that encourages personal development and growth. It is demonstrated through dependability, commitment, accountability, and responsibility for our actions and beliefs. Professionalism requires us to collaborate and cooperate with others in all interactions. By exhibiting behaviors of professionalism, you are demonstrating pride in oneself, your school and respect for your future profession.

The mental health effects on adolescents in the U.S.A. after an abortion

Plan

For my business plan, I plan to do some research upon the subject "Mental Health Effects on Adolescents after an Abortion".

Target Audience

My target market of people who are not well educated about this disease, including the community.

Interview Plan

I will interview people who have been through an abortion and see how they feel about it.

Research Strategies

I will use the internet to find out more about the disease and its effects on adolescents.

Learning Strategy

I will use the internet to find out more about the disease and its effects on adolescents.

PROB

"FUD" FACTS

1. 100% safe when used as directed.
2. 100% effective when used as directed.
3. 100% legal when used as directed.

BACKGROUND INFORMATION

1. 100% safe when used as directed.
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3. 100% legal when used as directed.

How Does Breast Cancer Affect Fetal Development ?

STAGES OF LIFE

1. 100% safe when used as directed.
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3. 100% legal when used as directed.

SYMPTOMS

1. 100% safe when used as directed.
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CAUSES

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PREVENTION

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TREATMENT

1. 100% safe when used as directed.
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3. 100% legal when used as directed.

PROGNOSIS

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CONCLUSION

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Question

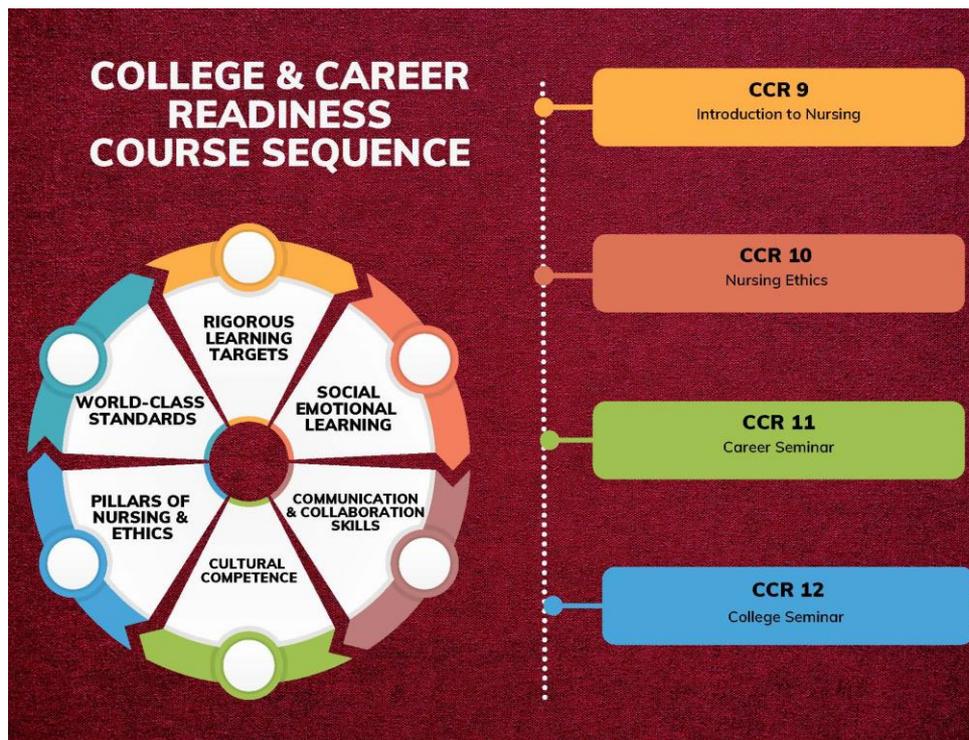
Problem: I'm struggling with understanding the effects of breast cancer on fetal development.

Interesting Facts:

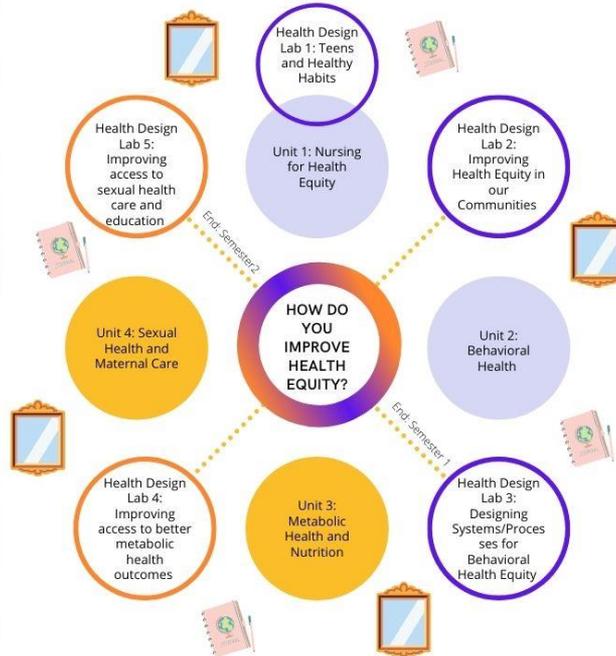
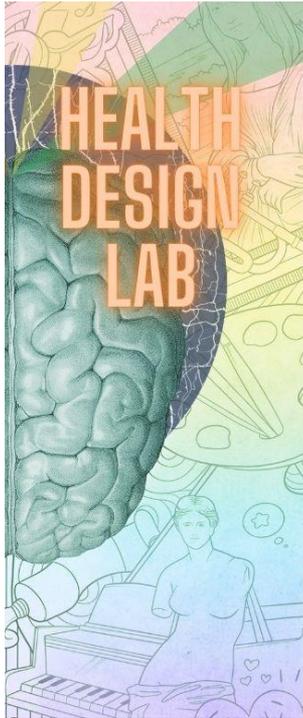
- Being transgender has nothing to do with sexuality.
- People who are trans have a condition called Gender Dysphoria (distress/discomfort of gender identity).



College & Career Readiness Course Sequence



Health Design Labs Infographic



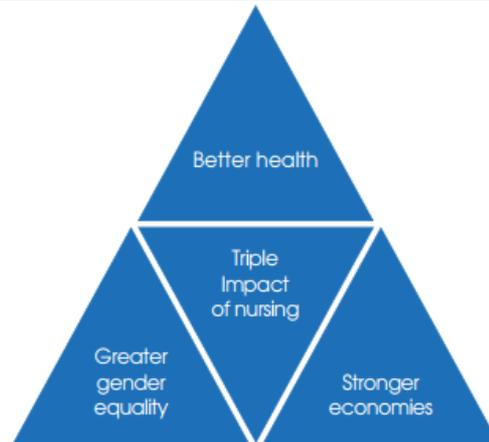


Credit: Guy's and St Thomas' NHS Foundation Trust

Triple Impact of Nursing

- Improve health
- Promote gender equity
- Strengthen economies

All-Party Parliamentary Group on Global Health



What is Nursing Now Challenge about?

Our driving force and what we offer is present in our four foundational pillars:

1

Resources: we're here to share knowledge and information with you, to strengthen your global network

3

Leadership: we provide opportunities to build on leadership development both personally and professionally, to encourage local and global impact

2

Networking: we offer opportunities to be part of a social movement, collaborating both online and in person

4

Research & Innovation: we connect people in innovation and research to accelerate global health solutions

Kindness and Compassion



If you want to be
happy, practice
compassion.

~Dalai Lama

Some ideas for a better future

Vibrant pipeline for the next decades

Better care for the current workforce, focusing on generational differences

Best integration of technology

New roles and focused attention to team-building

Co-production and innovation



Thank You

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