Smart, safe, active ageing in Hong Kong

—

the way forward

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安老事務委員會
Elderly Commission

Mission and vision of Elderly Commission of Hong Kong

▶ - To **advise** Government on the formulation of a comprehensive policy for the elderly including matters relating to the care, housing, financial security, health and medical, psychological, employment and recreational needs of the elderly;

▶ - To **co-ordinate** the planning and development of various programmes and services for the elderly, and to recommend priorities for implementation having regard to manpower, financial and other resources available; and

▶ - To **monitor** implementation of policies and programmes affecting the elderly, and to make recommendations to Government to ensure that agreed objectives are met.

安老事務委員會
Elderly Commission

The mission and Vision of Quality and Safe elderly care in Hong Kong

Hong Kong strives to create an inclusive and supportive age-friendly environment, empowering its growing elderly population to live fulfilling lives, actively participate in the community, and enjoy a high quality of life in good health.

Policies to Achieve this mission and vision

1. - Quality medical care

2. - Investing in the training and development of a qualified and compassionate workforce.

3. - Caring for carers

4. - Continuously improving the quality, efficiency, and responsiveness of elderly care services based on research, data, and feedback from the elderly and their families.

5. - Utilizing up-to-date technology

Achieving this mission and vision

6. - Developing a robust and diversified range of residential care, community-based, and home-based services to meet the varying needs of the elderly.

7. - Promoting age-friendly urban planning, accessibility, and public infrastructure to enable the elderly to participate actively in the community.

8. - Fostering partnerships and collaboration among the government, healthcare providers, social services, and the community to deliver comprehensive and integrated care.

9. - Encouraging active aging, lifelong learning, and social engagement to enhance the overall well-being and independence of the elderly.

Quality Medical Care For the Elderly

- ▶ Primary Healthcare
- ▶ Medical Social Integration
- ▶ District Health Centres
- ▶ Family Doctors

Primary Healthcare Blueprint

Health Bureau
The Government of the
Hong Kong Special Administrative Region
of the People's Republic of China

Health Challenges

- Uncertain about my health condition
- Health declines as I get old
- Higher chances of chronic diseases
- Worry of frequent trips to hospitals

What is primary healthcare?

✔	✘
Serves seven million	Care for grassroots only
Prevention beats cure	Seek medical care only when situation worsens
Treat mild cases in the community	Visit specialists for mild diseases
Family doctor for all	Clueless of where to seek medical help
One-stop care	Frequent visits to hospitals
Personalised health record for everyone	Health record scattered everywhere
Follow up at the doorstep	Long queues for follow up

Vision of the Blueprint

Improve
the overall health of the population

Provide
accessible and comprehensive healthcare services

Establish
a sustainable healthcare system

Strategies

- Prevention-centric
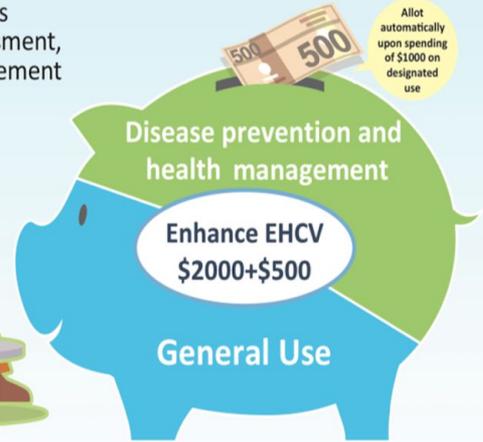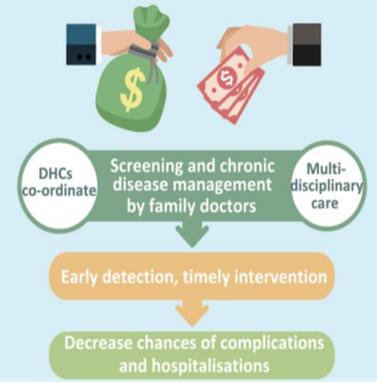- Community-based
- Family oriented
- Early detection timely intervention

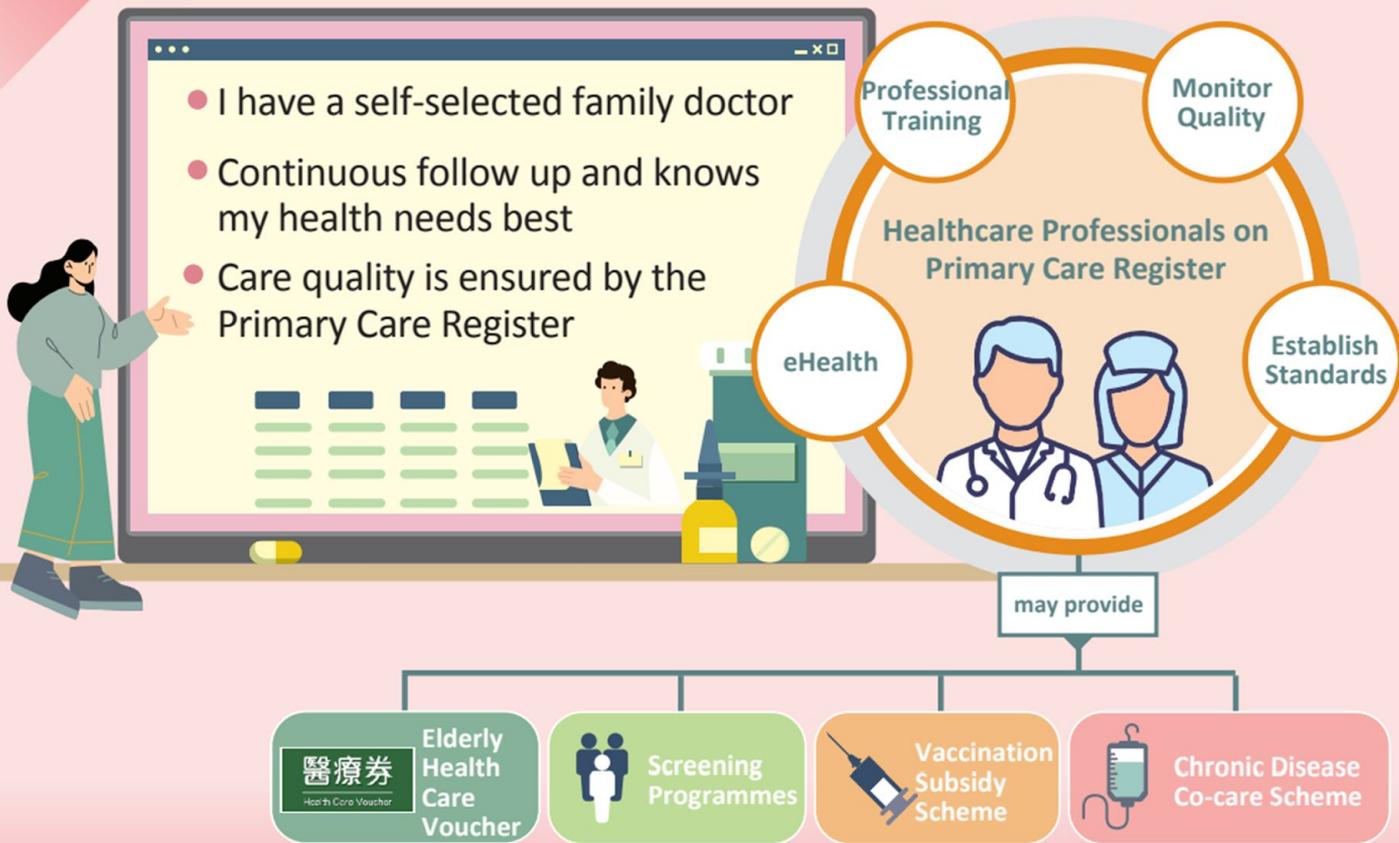# Primary Healthcare Improves my Health

Early Detection, Timely Intervention

- I can receive health information and services at District Health Centres (DHCs)

- The Government subsidises and arranges me to screen and manage hypertension and diabetes

- The public healthcare system continues to be my safety net

- I can use a portion of vouchers meaningfully on health assessment, disease screening and management

醫療券
Health Care Voucher

Government Shares the Care Cost with Citizens

DHCs co-ordinate

Screening and chronic disease management by family doctors

Multi-disciplinary care

Early detection, timely intervention

Decrease chances of complications and hospitalisations

Allot automatically upon spending of $1000 on designated use

500 500

Disease prevention and health management

Enhance EHCV $2000+$500

General Use

Quality and Safe care for the Elderly

▶ Family Doctors leading a Primary Healthcare team providing holistic, comprehensive, continuous people-centred care

Support for Carers of the Elderly
Enhancing Quality and Safety

Support for Carers of the Elderly

► Caregiver Stress and Burnout:

- Caregiver Well-being

When caregivers are well-supported, they are better able to provide high-quality care for the elderly.

Policies to Support Carers of the Elderly

▶ Regularized four financial assistance schemes with increased amount of allowance for Carers

▶ 24-hour Designated Hotline for Carer Support

Support for Carers of the Elderly

▶ One-stop Information Gateway for Carers

▶ Expanding the respite network across all districts

Support for Carers of the Elderly

▶ Territory-wide publicity campaign on Caring for Carers

▶ Pilot scheme on identifying needy elderly & carers for follow-up

Strengthening Manpower in Institutional Care Setting

Addressing Quality and Safety

- The skill and qualification requirements of residential care home staff providing health and rehabilitation services under review

- More professional development and career progression opportunities

Promoting the Use of Gerontech

Enhancing digital literacy trainings for the elderly

► - Expanded the service scope of more than 210 subvented elderly centres to include the promotion of gerontechnology

► - Elderly centres organise different activities to keep the elderly abreast of digital technology

Digital Health

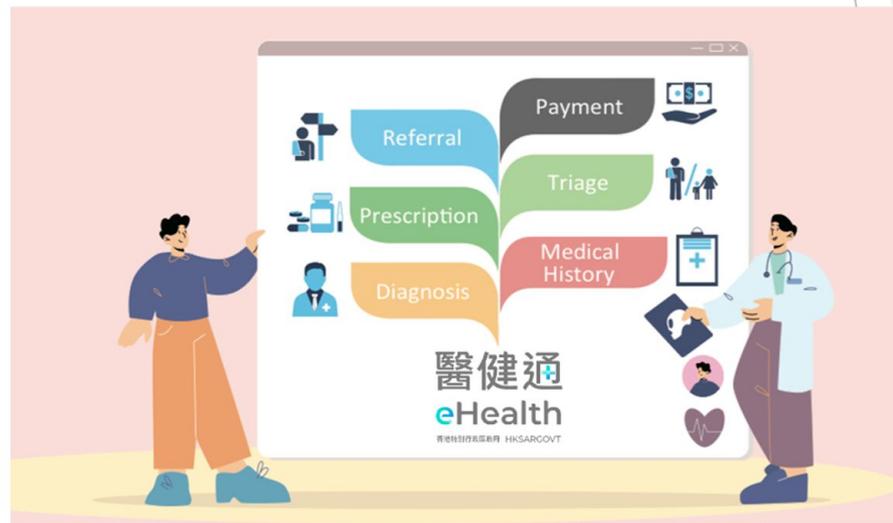## BUILDING ECOSYSTEMS OFFERING COMPREHENSIVE SERVICES

Advances in technology can impact on the provision of online healthcare, providing solutions to present difficulties and challenges.

But can also creates further legal, ethical, and social concerns.

Technology can provide solutions by aiding doctors in making better diagnoses at a distance and have proven valuable during the COVID19 epidemic .
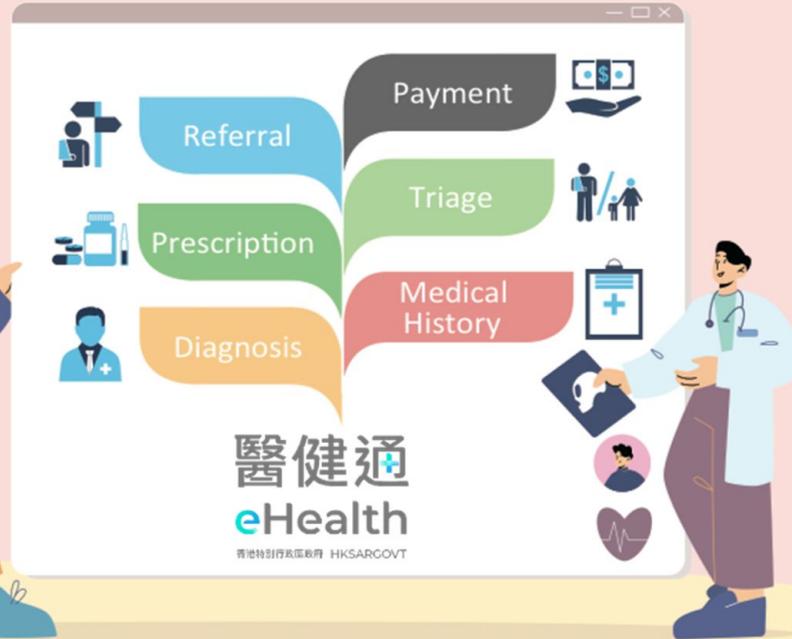
Promoting the Use of Healthtech

▶ eHealth records

Personalised Health Record for Everyone

- I own my personal electronic health record account

- My care team and I will be able to understand my medical history thoroughly

- I can monitor and manage my health situation through the use of technology with the assistance of eHealth

醫健通
eHealth
香港特別行政區政府 HKSARGOVT

eHealth+: Personalised and Integrated accounts

▶ Enable users to access and carry electronic health records and scheduled appointments on mobile phones

Expansion of Subsidised Residential Care Services

長者 院舍照顧 服務券計劃
Residential Care Service Voucher Scheme for the Elderly

Policy to develop a robust and diversified range of residential care, community-based, and home-based services to meet the varying needs of the elderly.

Service Flexibility

Quality Services

Financial Sustainability

Since Jun 2024

▶ Addition of 1,000 vouchers

▶ Expansion of voucher coverage to a higher care level

Developing a robust and diversified range of residential care, community-based, and home-based services to meet the varying needs of the elderly.

社會福利署
Social Welfare Department

長者院舍照顧服務券計劃
Residential Care Service Voucher Scheme for the Elderly

長者院舍照顧服務券計劃
Residential Care Service Voucher Scheme
for the Elderly

More Choices for Cross-Boundary Residential Care Services

Subsidised residential care services in selected RCHEs on the Mainland

Quality of life

Active Ageing

Elder Academy Scheme

長者學苑
Elder Academy

Active Ageing

Lifelong Learning

Integration into Community

Sense of Worthiness

Opportunities for the Elderly Project

2024-26年度
老有所為活動計劃

長幼樂動

共創豐盛

歡迎各界人士參加「老有所為活動計劃」
Your participation in the Opportunities for the Elderly Project is most welcome

長者學苑
Elder Academy

Elder Academy Scheme

Additional **$80M** injection
to provide **more learning places**
in a **wider spectrum of courses**

長者 院舍照顧
服務券計劃
Residential Care Service Voucher Scheme
for the Elderly

**Smart Living
Smart Ageing**