Bridging the gap – reducing inequalities between physical and mental health care

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People with severe mental illness die on average 20 years younger than the rest of the population, largely owing to poor physical health.

Brown et al (2010) British Journal of Psychiatry 196; Parks et al (2006), National Association of state Mental Health Programme Directors

"We can't continue to accept the fact that people with mental health problems die 15 to 20 years earlier than the average in the population. We need to find a way of shaping our services to change that."

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"We need those who have rejected us to reach out and to apologise and to try to do better rather than telling us that it is our own fault and that if we just retrained, took the meds and looked for work, life would be better."

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A little bit of organised chaos...

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What am I currently doing?
How can I support change?

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How can I support change?

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