

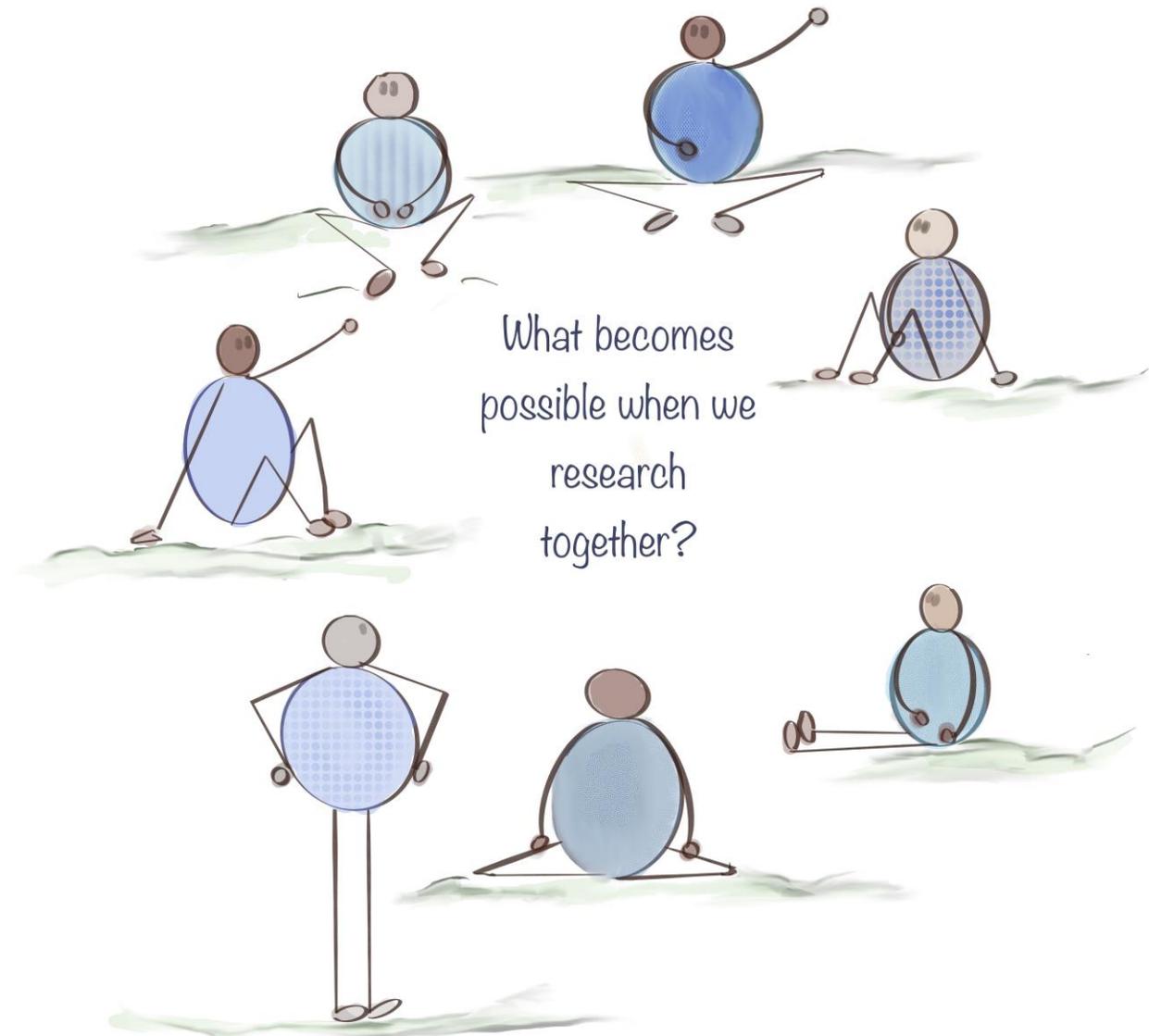
Radical inclusion: clinician-consumer- researcher

A co-design approach to
capacity building

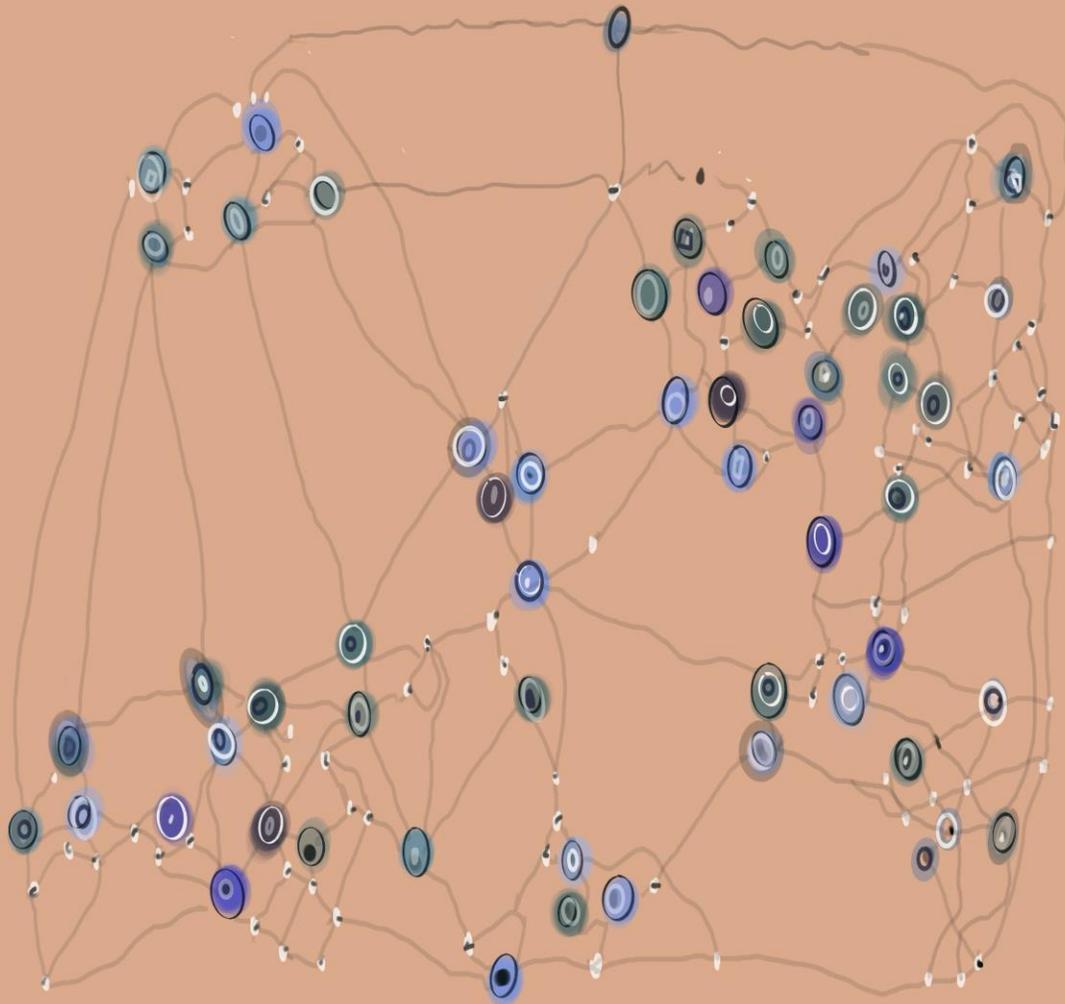
Fiona Malcolm and Jacqui Peet



Metro North Hospital and Health Service
Putting people first

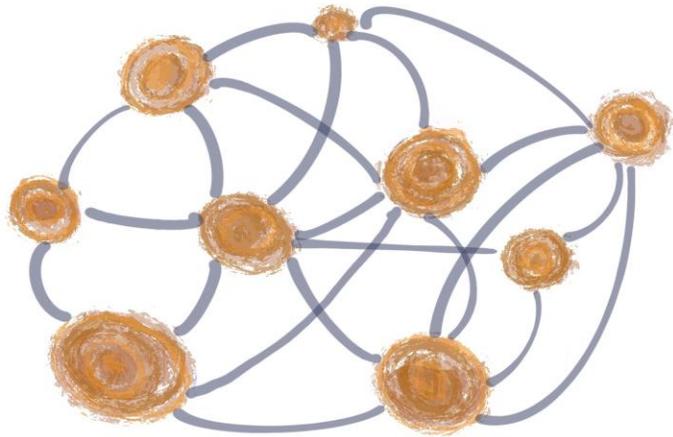
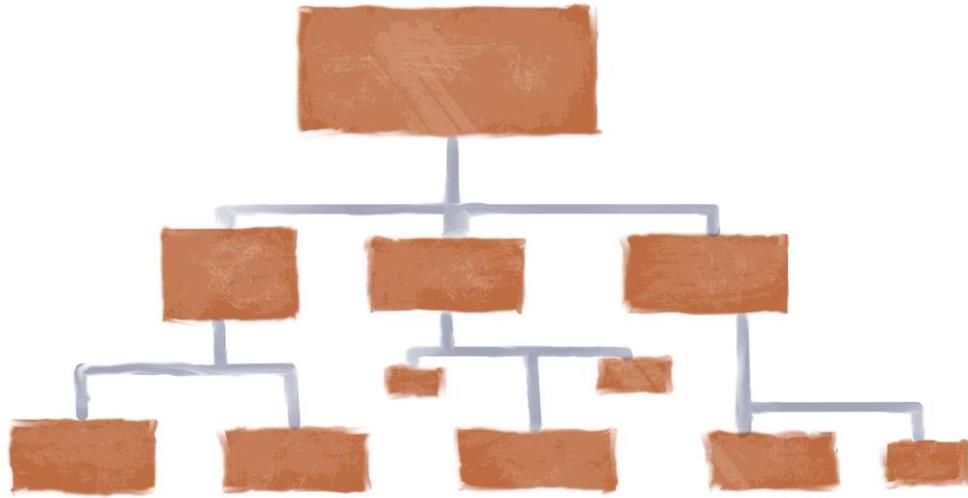


Codesign Research Internship Program - CRISP



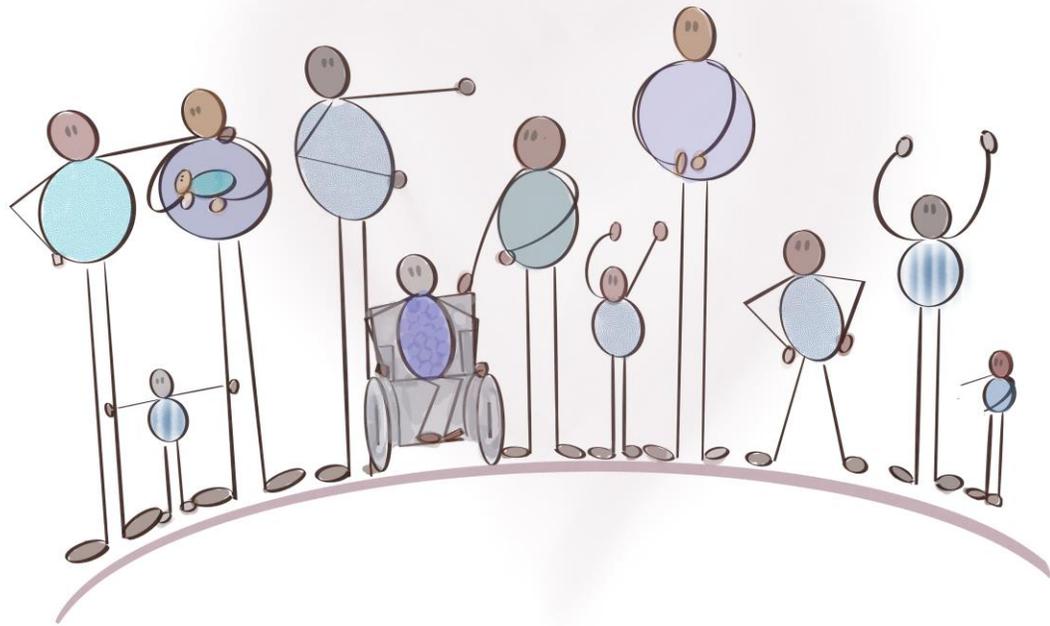
- Consumer researcher and codesign lead in CRISP
- Purpose Partners embedded in participatory practice
- Codesign – how do we do it with authenticity?
- Work in cocreation and stretching the boundaries of inclusion – radical inclusion
- Inviting people to show up as more than our professional roles
- Lived experience of marginalization in systems
- Working and living in living systems
- How can we nudge complex systems to do more of what works and less of what doesn't?

Clinician-consumer-researcher: What called me to CRISP?



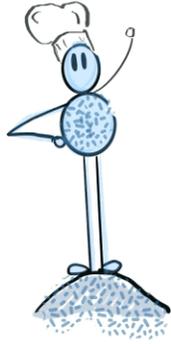
How can we together find out what we know in the room?

- a living system becomes stronger by connecting more of it to itself
- Value all the knowledge in the room equally, we all have only a sliver
- Working with, rather than working on
- This process shifts us from a hierarchy into a living system



What does it take
for me to feel
really included?

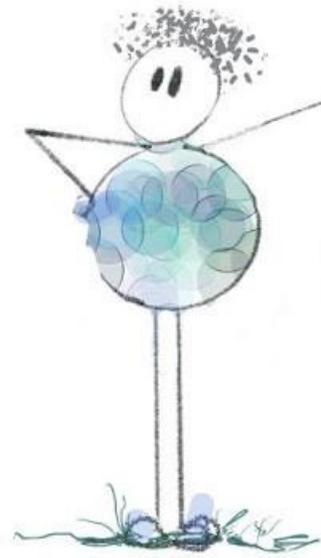
A recipe for inclusion



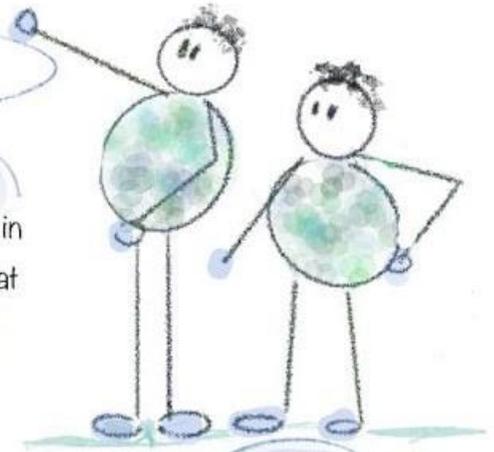
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Clinician-consumer-researcher

Co-design Research InternShip Program - CRISP



What becomes possible when we research together?



- To build interest, skill, capacity in healthcare research
- 10 month program - March -Dec 2024
- Provides research and codesign mentorship and knowledge development
- 12-18 interdisciplinary clinicians and consumers working on 4-6 research projects
- 4 full day workshops plus up to 20 days paid research
- EOI process early 2024
- The program is a quality improvement project itself

What principles guide us?

Ask for what you need and offer what you can

Learn by doing:

Collaboration and co-creation

radical inclusion

full participation!

What role do I feel invited into?
What roles are emerging that make sense for the program?

Research intern

Peer learner

Peer contributor

Executive sponsor/clinical champion

Invited contributor

What do we care about most in improving the quality of care at Redcliffe hospital?.

Our project pillars.

Collaboration and connection across systems and silos

Patients at the centre

Great outcomes for everyone

Authentic, effective communication

What are you taking with you?.

Excitement
Questions
Inspiration
Hope
Change
Growth
Enthusiasm
Energy
Grateful
Potential

Discovery day
Research Internship program
2023

What brings you here?

Curiosity
Learning
Connect
Opportunity
Lived experience
Contribute

Circle check 'in

Discovering our program

Discovering our principles

Discovering our roles

Discovering our projects

Checkout

Clinician-consumer-researcher

our principles

- ask for what you need, offer what you can
individual care, listening, tailored to individual needs
- learn by doing we are supported to learn by doing
- collaboration + co-creation - codesign is key!
- radical inclusion
transparency, meaningful inclusion, Humanism (respect, empathy, kindness)
remember how you make others feel, mindful of the patient journey impact, challenge ourselves to push the boundaries of access + inclusion, holding a space for hope
- full participation respect, accountability, shared responsibility, courage, flexibility, vulnerability, authenticity

our project pillars

- collaboration + connection across systems + silos
- patients at the centre
- Great outcomes for everyone
- Authentic, effective communication

So, what is CRISP?

- Co-design Research Internship Program
- authentic co-design with a research capacity building
- consumers as equal partners in co-design
- truly inclusive way including in project choice and design
- learning journey for all
- invites me to show up with all of me





Clinician-consumer-researcher